

Information Collection Policy

Privacy protocols at Adara Integrative Clinic comply with the Personal Health Information Protection Act (PHIPA), the Personal Information Protection and Electronic Documents Act (PIPEDA), and the standards of the Board of Directors Drugless Therapy – Naturopathy (BDDT-N), our regulatory body.

Your information may be accessed by regulatory authorities under the terms of the Drugless Practitioners Act, for the purpose of fulfilling our regulatory body’s mandate or by law. Our office will not disclose your personal confidential information to insurance companies or to third-party companies. For all other types of disclosure, we require a signed consent form by the patient.

Our clinic recognizes the sensitive nature of the information that you have disclosed and all associates of the clinic have been trained in the appropriate use and protection of your information. Proper adherence of our Information Collection Policy ensures:

- Only necessary information is collected about you
- We only share your information with your consent
- Storage, retention and destruction of your personal information complies with the BDDT-N regulations
- Our ability to remind you of upcoming appointments and maintain ongoing contact with you
- Advisement of proper treatment options
- Delivery of newsletters and other informational mailings where appropriate

Naturopathic Fee Policy

- Fees are due at time of service
- Phone consultations are available only after the initial consultation has been completed
- Supplements recommended to patients as part of therapeutic protocols may be purchased at this clinic when available but patients are not required to purchase supplements from this clinic
- Patients may ask to view their records from Adara Integrative Clinic; if copies are required, they can be provided for a nominal fee
- 24-hour cancellation or change of appointment time is required to avoid being charged in full for the missed appointment
- All fees do not include any applicable taxes and are subject to change at any time

Service	Fee	
Initial adult appointment	\$175	75-90 minutes
Initial pediatric appointment	\$150	60-75 minutes
60 minute follow-up appointment	\$140	60 minutes
30 minute follow-up appointment	\$70	30 minutes
15 minute follow-up appointment	\$35	15 minutes
Phone consultation	\$30 per 15 minutes	Minimum 15 minute charge applies
Acupuncture appointment	\$70	Initial appointment required
Acupuncture package – 3 appointments	\$180	Initial appointment required
B12 & folic acid injection	\$15	Initial appointment required
Supplements	Priced accordingly	

Initial

Naturopathic medicine is a system of healthcare that takes a natural approach to assessment, diagnosis and treatment with a focus on prevention, restoration and health maintenance. Naturopathic doctors (ND) assess the whole person, taking into consideration the physical, mental, emotional, and spiritual aspects of the individual. Gentle and non-invasive therapies and treatment approaches are used to stimulate the body's inherent healing capacity.

Your naturopathic doctor will take a thorough medical and health history and answer any questions that may arise throughout the treatment process. A physical exam, specific blood and/or urinary laboratory reports may be used as part of the treatment work-up. Your ND will exercise judgment during the course of your treatment that is in your best interest, based on the facts that are known.

A number of different approaches may be used throughout the treatment process. Naturopathic modalities include:

- diet & lifestyle counselling
- clinical nutrition
- botanical medicine
- traditional Chinese medicine & acupuncture
- homeopathy
- hydrotherapy
- physical medicine

It is very important that you inform your ND immediately of any disease process from which you are suffering and any medications/over-the-counter drugs or supplements that you are currently taking. Please advise your naturopathic doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding. Caution must be taken in some physiological conditions such as pregnancy and lactation, very young children, people with diabetes, heart, liver or kidney impairment and/or with people taking multiple medications. The staff and doctors at Adara Integrative Clinic are trained to handle emergencies, should the need arise.

Health risks associated with naturopathic medicine include, but are not limited to:

- aggravation of pre-existing symptoms during the healing process
- allergic reactions to supplements or herbs
- pain, bruising or injury from venipuncture, acupuncture, manual therapy, or cupping
- fainting or puncturing of an organ with acupuncture needles
- muscle strains and sprains or disc injuries from spinal manipulation

I understand:

- _____ Initial A record will be kept of the health services provided to me and that it will be kept confidential and will not be released to others without my consent or unless required by law. I may look at my medical record at any time and request a copy by paying the appropriate fee.
- _____ Initial Information from my medical record may be analyzed for research purposes and that my identity will be protected and kept confidential, unless consent has been provided.
- _____ Initial Treatment results are not guaranteed.
- _____ Initial My naturopathic doctor will explain to me the exact nature of any treatment provided and will answer any questions I may have to the best of his or her ability.
- _____ Initial I am free to withdraw my consent and discontinue treatment at any time.
- _____ Initial Fees and supplements are to be paid for at the time of the appointment.
- _____ Initial A fee will be charged for missed appointments or cancellations with less than 24 hours notice.

I understand, as a patient, I am responsible for the total charges incurred with each visit. Payment can be made in cash, cheque, debit, VISA and Mastercard. If I have coverage for naturopathic medicine, I am responsible for billing my own insurance company – Adara Integrative Clinic will provide me with the receipt necessary to send my claim for reimbursement.

My naturopathic doctor may prescribe supplements that can be purchased from the clinic dispensary; however, I am under no obligation to purchase them on-site. Most insurance companies do not cover the cost of supplements prescribed and dispensed by naturopathic doctors.

I have read and understand the policies and information stated above. I intend this consent form to cover the entire course of treatment for my present condition.

Patient Name (please print): _____

Signature of Patient or Guardian: _____

Date: _____